

Low Allergen Plants

“Allergies vary from one person to another, and different people might be affected by different plants, so it is best not to buy too many of one plant until you have determined what is ‘safe’ for you. Skin testing by an allergist/immunologist can determine what you are allergic to.”

African Violet	Ice Plant
Alyssum	Impatiens
Anemone	Juniper
Astromeria	Lamb's Ear
Azaleas	Larkspur
Balloon Flower	Lily of the Nile (Agapanthus)
Banksia Rose	Lobelia
Basil	Marjoram
Bear's Breech	Mint
Begonia	Nasturtium
Bird of Paradise	Nemesia
Black Eyed Susan	Orchid
Blue False Indigo	Oregano
Bouganvillea	Pansy
Cactus	Parsley
Camellia	Penstemon
Canna Lily	Petunia – Verbena
Chaste Tree (Vitex)	Phlox
Chinese Pistache Tree	Plumbago
Chives	Primrose
Christmas Cactus	Prostrate Rosemary
Clematis	Purple Heart
Coleus	Pyracantha
Columbine	Red Maple
Coral Bells (Heuchera)	Rhododendron
Daffodils	Rosemary
Dill	Sage
Elephant Ears	Shrimp plant
Escallonia	Snapdragon
Fennel	Speedwell (Veronica)
Flax	Spider Lily
Foxglove	Star Jasmine
Fuschia	Stonecrop
Gardenia	Thyme
Geranium (Geraniaceae)	Trumpet Vine
Gladiolus (Iridaceae)	Viola
Glossy Abelia	Wandering Jew
Hens & Chicks	Weigelia
Hibyscus	Yucca
Hydrangea	